

Bellacino's[®]

Pizza & Grinders

NUTRITIONAL INFORMATION

	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
PASTA...															
Lasagna (Yield: 1 serving)***	854.2	240.8	26.8	13.6	0.0	152.8	1446.5	97.1	7.3	13.9	49.2	1752.9	4.2	569.4	7.8
Ravioli (Yield: 1 serving)***	415.1	197.8	22.0	13.1	0.0	58.5	1198.2	24.9	6.2	14.2	13.0	829.5	9.0	189.5	4.4
Spaghetti with Meat Sauce (Yield: 1 serving)***	506.8	121.2	13.5	2.1	0.0	89.4	926.6	75.0	5.0	14.7	20.4	1106.0	5.6	87.3	5.2
Fettucini Alfredo (Yield: 1 serving)***	775.0	423.0	47.0	18.5	0.0	165.0	1275.0	67.0	2.0	8.5	20.0	300.0	0.0	245.0	3.6
Fettucini Alfredo with Chicken (Yield: 1 serving)***	938.0	438.0	50.0	19.5	0.0	241.0	2311.0	70.0	2.0	8.5	49.0	350.0	0.0	275.0	4.9
Spaghetti with Meatballs (Yield: 1 serving)***	856.5	352.9	39.2	11.1	1.0	164.5	2011.7	82.8	5.5	15.6	41.1	1607.7	8.3	276.4	7.3
***Garlic Toast (for each pasta order: quarter grinder size)	265.2	106.2	11.8	4.6	0.0	0.2	459.5	32.0	1.2	1.1	6.1	503.7	0.2	19.5	0.4
Kids Grilled Cheese (Yield: 1 sandwich):	363.8	154.7	17.2	9.4	0.0	55.0	777.1	32.6	1.5	1.3	18.5	571.2	0.3	394.8	0.5
***Garlic Toast (for each pasta order: quarter grinder size)	265.2	106.2	11.8	4.6	0.0	0.2	459.5	32.0	1.2	1.1	6.1	503.7	0.2	19.5	0.4

Nutritional information calculations have been performed by a registered dietitian based on data provided to us by our system of manufacturers, distributors and vendors. These calculations are based on standard product formulations. Variations in nutritional information can occur based on seasonal product changes, the use of an alternate supplier, product assembly variations and changes or updates to standard recipes and ingredients. For the most up-to-date information, please contact Bellacino's, Inc. at toll free: (877) 379-0700.